



Newsletter



Did you know...

- The Sun Spots club has been established since 1992.
- The Sun Spots' Sportsplex is the largest El Paso club volleyball facility for hosting club volleyball tournaments.
- The Sun Spots has qualified more club teams for Junior Olympics than any other club in El Paso's History.

Sun Spots Fall Newsletter – November 2011

The purpose of a newsletter is to keep athletes, parents, coaches, friends and family updated on the events going on with the El Paso Sun Spots Volleyball Club. The new 2011-2012 club season is about to begin, and we are excited as we welcome back familiar cheery faces and look forward to making new friendships as we embark on our new season.

We have appreciated each year the

Sun Spots are active, we relish ones past, and look forward to our next as we extend warm wishes for the year to come.



Upcoming Events

November will be the Sun Spots try out month. Please check the website for the dates and times of each age group. Hope to see you there! Good luck to everyone!!

Once teams are formed, on November 18th, the Sun Spots will hold a Club team building Lock-In.

Teams will begin practice starting the week of November the 14th.

We are kicking off this season, by hosting a celebrity golf tournament on

December the 10th. You don't need to be a golfer to enjoy the fun.

Volleyball tournaments will begin in January 2012.

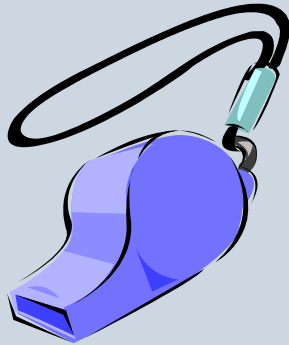
Don't forget to visit the Sun Spots website for all the details to our upcoming events. We look forward to your participation!

"It's not so important who starts the game but who finishes it" – John Wooden





Coach Hill U13



Featured Coach

All coaches need volleyball quotes to motivate and inspire their team. Can you give us one of your quotes you have told your team?

"Touch your heels", and "Sunspots are the Bomb BABY - OOOOH AAHHHHH!"

Who is your favorite athlete that inspired you as a teenager?

Stinks to say it now, but I was amazed at the super talented Tiger Woods... shame on me. So I will go with Randy Stoklos, a great beach volleyball player.

In sports, we always need to fund-raise additional money for the team. What is the most memorable thing you had as a fundraiser?

I helped get a mini sunspots league started and had players run it as the head coaches. The young players loved my girls and my girls gained so much from the experience of being in a coach's shoes.



What is your favorite item to eat at the snack bar? Brisket Burrito, with cold Bottled water (has to be COLD). MMMMMM.....

What is some good advice a coach has given you, that you like to pass on to others?

Practice should focus on the player. The word PLAY is in the word player, so make sure it's fun! "Go Play!"

What makes a good coach?

The love of the Game. Respect the ball! Know your teams' potential before they even start to learn. Teach, Teach, TEACH! Justin Beiber said it perfectly "Never say Never!" Everything's possible, so go for it!

All player, parents and friends always remember you with a visor.

Why do you wear a visor?

Ventilation for this **BIG HEAD** my Mamma gave me. Go Spots!



What are your parting thoughts on volleyball?

I can't get enough of Volleyball and I am here to make sure my players leave me feeling the same

Open gym – let's play!



Kudos to all the girls who came to open gym to have some fun playing volleyball!!



Coach Hill's U13 2010-2011 Sonic Boom team asks this issue's

Trivia Question:

When did volleyball become an Olympic sport?



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How well do you know Volleyball?

In each Newsletter Issue, we will have a trivia question for all to answer. This issue's trivia question is located on the second page, bottom right.

A prize will be given for the correct answer. If you can answer this issue's question, please submit it via email to jussie9026@aol.com. Title your subject line "Trivia Question – November 2011."

Your answer will go into a pool, to be drawn at the end of the month. The winner will receive a T-shirt, plus a gift certificate for \$10 dollars off their next purchase at the Sun Spots Ace Pro-shop.

Be the 1st winner, send your answer today!

Featured Vendor of the Month

We are pleased to announce that Xplode Athletics' strength and conditioning will begin training Sunspots this season in our newly transformed cross fit training center. Xplode Athletics' brings experienced knowledge to lead strength and conditioning to youth, athletes and adults in fitness, conditioning and athletic performance. They will conduct a high quality program to facilitate physical performance by guiding speed, agility, quickness and explosiveness to improve each athlete's game and overall conditioning for all.

Please look for their new banner in the Sun Spots Sportsplex.

One of our kids'
 Volleyball joke:
*Why didn't the nose make the volleyball team?
 He didn't get picked*

*How do you know if a coach doesn't know what they are doing?
 The real coach is yelling from the stands!*



The thrill is in the air as club season approaches...



Advertise your business or special event with us!

Email sunspotsboardmember@yahoo.com to setup your space in this newsletter.

Full page ad
\$200

Or do a 1/2 page ad
\$100

1/4 page ad \$50

1/8 page ad \$25

1/8 page ad \$25