



Newsletter



Sun Spots Winter Newsletter – December 2011

Thank you to everyone that participated in the tryout process and congratulations to all the young ladies and their families that have joined our club. We are so glad that the club season has finally started, and before you know it teams will be competing in various local and out of town tournaments. We look forward to watching each player improve her Volleyball skills and level of play.

As directors of the club we continue to have the privilege of being a part of this aspect of your daughters' lives. The relationships that we have made and continue to make along the way, have made it well worth the long hours and time our staff has and still continues to put into our club. We are always striving

to make improvements in our club sometimes with great strides and occasionally with a step back, but we hope that we learn from the attempts and that we are able keep improving the quality of Volleyball in our community.

Happy Holidays to all, we look forward to 2012 and we extend warm wishes for the year to come. Jeff & Diana Farmer



Upcoming Events

Congratulations to all players of the National, American and club teams. Teams began practice the week of November the 14th.

The Club lock-in was in November. The players had a great time!

Date change: the Sun Spots will be hosting a celebrity golf tournament on March 3rd. All players are welcome to join the fun.

Volleyball tournaments will begin in January the 7th 2012. Please visit the schedule for your team's tournament dates.

Don't forget payments are due the first week on December the 1st.

The referee & scorekeeping clinic is on 12/13/11 and 12/15/11.

Christmas Luminario fundraiser is going on now through 12/22/11.

Serve-A-Thon is a fun fundraiser for players and spectators. It will be on 1/14/12.

Visit the Sun Spots website for all the details to our upcoming events. We look forward to your involvement!

Did you know...

- You can pre-order your lunch from the Sun Spots Side Out Café for you, your family or your entire team on tournament days.
- The Sun Spots' Sportsplex is the largest El Paso club volleyball facility for hosting club volleyball tournaments.
- The Sun Spots has qualified more club teams for Junior Olympics than any other club in El Paso's

"Winners have simply formed the habit of doing things losers don't like to do" – Albert Gray





Coach Justine U15



“Really great people make you feel that you, too, can become great.”

Mark Twain

Sunspots Featured Coach

All coaches need volleyball quotes to motivate and inspire their team. Can you give us one of your quotes you have told your team? “Practice is the effort that makes winning possible”

Who is your favorite athlete that inspired you as a teenager? I loved Gabrielle Reece. She was not only an awesome women athlete, but she was beautiful too. She showed me that I could be this hardcore athlete who could kick all the guys butts and could still carry herself with such poise and grace

What is your favorite item to eat at the snack bar? Any kind of burrito that the Side Out Cafe offers. Probably Breakfast burrito, if I had to say one.

What is some good advice a coach has given you, that you like to pass on to others? Think positive. If you think you are going to make a mistake, you will. It is like me telling you not to think of a pink elephant. I bet all of you already just did. You have to have your mind right, to



play right.

What makes a good coach?

The love of the game and the love for the girls you are coaching. Knowledge of the game only translates so far. The girls have to want to play for the coach they are playing for.

Tell us something about your self that few people know.

Il was a dancer before I was ever a volleyball player. I danced from when I was 5 till I was 12. I was on point when I was in ballet and was actually in the Nut Cracker. I did Jazz, tap, ballet, folklorico. I secretly wish they had Dancing with the Stars for real people!



How well do you know Volleyball?

In each Newsletter Issue, we will have a trivia question for all to answer. This issue’s trivia question is located to on the second page, bottom right.

A prize will be given for the correct answer. If you can answer this issue’s question, please submit it via email to sunspotsboardmember@yahoo.com. Title your subject line “Trivia Question – December 2011 or enter online at the Sunspots website under “Newsletter”.


Your answer will go into a pool, to be drawn at the end of the month. The winner will receive a T-shirt, plus a gift certificate for \$10 dollars off their next purchase at the Sunspots Ace Pro-shop.

Alonzo from the U16 team was our November winner. Good job Alonzo! The November Issue’s question was:

When did volleyball become an Olympic sport?

Answer: 1964.

Thanks for all who tried the Trivia Question. Good luck to everyone on the next one!

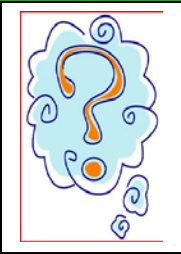


Coach Justine’s U15 team asks this issue’s

Trivia Question:

What college gave the first ever volleyball scholarship 40 years ago?

(1) Penn State (2) UCLA (3) Shorter College



Ace Pro Shop



Sunspots Volleyball Club
 6827 Market Ave
 El Paso, Texas 79915
 Phone:
 (915) 774-0883
 E-Mail:
jussie9026@aol.com

Web Site:
www.sunspotsvbc.com



You got the spirit?

The Sunspots Ace Pro-shop is a great place to get some volleyball gear. The merchandise ranges from shoes, leggings, sweatshirts, shorts, T-shirts, bags, and accessories.

The picture on the left displays a T-shirt currently being sold at the Ace Pro-shop.

Many parents and families like to show their support of their favorite team by getting their Sunspots team apparel. Inventory is replenished frequently. Stop by the next time you are in the Sunspots Sportsplex to get your team gear and show your player support!

House Rules

As the season begins, here are a few of the house rules for all the new Sunspots and their families, plus a good reminder for all our returning friends. A lot of time and money has been put in this great facility so that we have the best place to practice and host tournaments. To maintain this great Sportsplex, we have established a few rules to help keep it in great shape for a long, long time. Some of the rules are as follows:

- 1) There is NO food or drink allowed in the gym (ONLY exception is water).
- 2) Lockers are available in the gym for the players to place their belongings, but please do not leave anything after practice. (Day Use Only)
- 3) Please use the front entry doors to enter/exit. We like to keep all other doors locked for security purposes.

Funny Bone Spot:

Why are volleyball players so blameless?

They always try to avoid faults and pass the blame.

How many middle hitters does it take to screw in a light bulb?




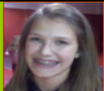
Just one, but the setter has to put it perfectly into their hands!

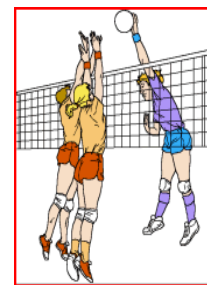
- 4) Any items left behind by others should be given to the facilities director so they can be placed in the lost/found.
- 5) If any item has been spilt, in the locker, gym, bathroom, etc, please inform the facilities director so that it can be attended to properly to avoid facility damage.
- 6) Our girls can really hit the ball hard, so please do not leave any little ones unattended or unsupervised, we don't want anyone hurt.
- 7) Please respect the property, our facility, the rules and one another.

We have a great place, and a great group of people. Lets all enjoy our 2011-2012 season together.



Off the court with some of the U15's National team...

	U15's Player	What is your favorite food?	What is your favorite class?	What is your favorite movie?	Are you a vampire or a werewolf?	Why did the chicken cross the road?
	Shelbi	Pasta	World Geography	Transformers	Werewolf	To get to the other side
	Amanda	Pasta	World Geography	Grownups	Vampire	The Mexican's called him
	Bernice	Pizza	Algebra	Batman	Werewolf	To get to the other side
	Addie	Velveta shells 'n cheese	Biology	Mean girls	Werewolf	To get fried



Advertise your business or special event with us!

Email sunspotsboardmember@yahoo.com to setup your space in this newsletter.

Full page ad
\$200

Or do a 1/2 page ad
\$100

¼ page ad \$50

1/8 page ad \$25

1/8 page ad \$25