



El Paso Sunspots Volleyball Club **Basic Principles of Conduct**

In consideration of the rights granted to me by membership with the Regional Volleyball Association (RVA) a USA Volleyball (USAV) Group D Member and El Paso Sunspots, and along with AAU Sanctioned events, I consent to abide by the rules of conduct set forth herein, while I am a member of RVA and El Paso Sunspots, and AAU member. I understand that these rules extend to my conduct in activities related to, and during USAV, AAU, and El Paso Sunspots sanctioned events in which I participate. This includes all event, volleyball camps, players clinics and officials clinics and practices. I understand that if I or those affiliated to me (i.e. relative, friends) violate any of the following rules, I might be subjected to whatever disciplinary action is deemed appropriate by the authorized person, person board or committees of the RVA, USAV, AAU and El Paso Sunspots.

General Participants –

1. All participants are required to pursue all physical conditioning activities as specified unless otherwise directly by qualified medical personal.
2. All participants that are required therapy or medical attention must follow the assigned program as directed or face suspension from the club.
3. If there is a conflict between two or more participants, they must meet immediately to work it out themselves. If that is not possible, they must meet with the coach until the problem is resolved. If the problem isn't resolved the Board may intervene.
4. All participants must follow all rules established by the various venues, organizations, and programs we participate with.
5. Be on time for meetings, practices and competitions.
6. No use of improper or vulgar language will be tolerated at anytime.
7. Start up fees paid on time. Fee's explained on financial understanding.
8. Fees are for 1st week of December thru 1st week (Sun Country Regional last week of April, 2010)
9. If a team qualifies for Nationals (Junior Olympics) they will incur additional fee's, which will include additional coaching fees, gym use, tournament entry & other related expenses. Entry fees are paid by SUN Country (Our region) for 1st place teams that accept their bid.

Competition Rules-

1. Standing at attention for the national anthem is required. **No Hats** allowed.
2. Always warm up properly.
3. Prepare for the match, review the game plan, prepare mentally and physically.
4. During a match participants on the bench must be ready to go in the game at anytime.
5. Actively display support for your team whether they are winning or losing.
6. Only the team Captain shall address the officials and only then in a respectful manner.
7. The bench shall be kept neat throughout the match. No throwing sweats, bottles, or balls at the bench.
8. There will be absolutely no wearing of jewelry during competition unless provided for in the official USA Volleyball rules.
9. Athletes must show proper behavior while officiating (referee, scorekeeping, calling lines) No use of cell phones, or personal Radio/ CD / I-pods. No sitting on the floor, **PAY ATTENTION TO THE GAME!!!!**
10. All players will be required to take turns officiating games. The coach will assign the duties and it must be adhered to.
11. Amount of playing times is earned not guaranteed and is at the discretion of each coach.

PRACTICE RULES –

1. No sitting down during practice without approval from the coach.
2. Arrive fifteen (15) minutes prior to practice for stretching and be ready to go on time.
3. No excessive display of frustration will be tolerated
4. All taping will be done prior to practice.
5. Jog or run everywhere in practice

6. Shag you own ball immediately. Never ask another player to shag your ball
7. Encourage your teammates
8. If you must miss or be late for practice, notify the coach or team chaperone as soon as possible
9. Players must report injuries or sickness to the coach or chaperone immediately upon detection
10. Cell phones must be turned off or to vibrate and will not be used during practice
11. It is the discretion of each coach if they find it necessary to close a practice to all but the athletes

TRAVEL RULES-

1. Whenever in an airport, hotel, tournaments, etc. and you depart the immediate area, clear it with the coach or chaperone and travel with a teammate. (Buddy System)
2. When assigned equipment to carry on a trip, you are responsible for it for the duration of the trip unless the coach states otherwise.
3. Each player is responsible to bring ALL uniforms to all competitions and take in their carry on luggage.
4. Players will adhere to room assignments and curfews on trips.
5. Players will always ride in same assigned vehicles on road trips.

PARENTAL GUIDELINES-

1. Try to get players to practice on time.
2. Parents are encouraged to encourage their child “ but not encourage the coach”
3. Parents are expected to exhibit the sportsmanship that their child is expected to display
4. Parents should not interfere with the coaching in anyway. UNDER NO CIRCUMSTANCES should a parent approach a coach at a tournament or practice with a complaint or concern. You must schedule a PRIVATE consultation to discuss issues. There are appropriate times and places to discuss matters with coaches
5. Any breach of Basic principles of conduct will be dealt with accordingly.
6. Only registered USAV Adults and players will be allowed on any court during practice or competitions.

MEDICAL RELEASE-

By signing this code of conduct parents/ guardians are giving permission for either the Chaperone or Coach to dispense over the counter medication (Pain reliever, upset stomach remedies, cough/ cold medicine etc) per product direction upon the players request if needed. El Paso Sunspots organization and it’s officers/ board members will not be held liable upon said request.

FUND RAISING & USE OF CLUB LOGO-

Any and all fundraising must be approved by the board. Any use of the Sunspots logo must be approved thru the board of directors. This will include Sports bags, parent shirts etc. Any and all fundraisers during the club season using the Sunspots Name must be deposited into the players account and used only for Sunspots expenses. Fund Raising is non-refundable per the IRS due to our 501C3 Status, but it can carry over to next year expenses.

SURVA has a NO-Tolerance policy on screaming, yelling, making derogatory remarks, or any excessive display of disagreement to ANY official (up ref, down ref, line judge, or scorekeeper) concerning any official’s decision or scorekeeping issue. PENALTY IS IMMEDIATE DISMISSAL FROM THE PREMISES, without warning, and possible sanctions for the teams/clubs involved. Individual conflicts or disturbances involving coaches, players or spectator will be subject to the same penalty.

I have read and understand El Paso Sunspots & SURVA Policy and will adhere to it

PARENT SIGNATURE

PLAYER SIGNATURE

DATE